

Schools



September 2023

NEWS

www.rowingnz.kiwi

rowinghub.co.nz

Hi everyone,

Welcome to the start of the new rowing season.

The World Champs are currently in full swing in Serbia so I hope you have the chance to cheer on our crews as they aim to qualify boats for the 2024 Paris Olympics.

Please forward this newsletter on to anyone involved in your school rowing programme.

Meanwhile, if you have any questions, please reach out. kate@rowingnz.kiwi




Congratulations
Taupo-nui-a-Tia
College
Applications for 2024 open soon

2024 Important Dates



- Aon North Island Secondary School Championships to be held on 1-3 March 2024 at Lake Karāpiro



- Meridian South Island Secondary School Championships to be held on 1-3 March 2024 at Lake Ruataniwha



- Aon Maadi Regatta to be held on 18-23 March 2024 at Lake Ruataniwha

Athlete Transfers

At the start of a new season, there will be new athletes coming into your programme as either novices or experienced rowers.

Where a school has a new athlete who has previously rowed with another New Zealand school, they will need to be transferred from their previous rowing club and school.

Simply adding the new athlete to your roster in rowIT, does not mean that they have been transferred correctly. **DO NOT** re-create the rower in either rowIT or the Rowing NZ database as this will cause a duplicate profile.

The athlete will require confirmation in writing from their previous club/school of their release. Once this has been done, please forward the email trail to kate@rowingnz.kiwi so the transferred can be completed.

NZSSRA Invoices

Please keep an eye out for the 2023-24 NZSSRA membership invoice. These will be sent out in September to all schools that competed in 2022-23.

I will endeavor to make sure they are sent to all of the email addresses I have on file.

Please ensure these are paid promptly as you will not be able to enter NISS, SISS or Maadi without being a financial member of the NZSSRA.



Rowing NZ Database

ROWING
NEW ZEALAND

If you have changed your key person, please let me know via [email](#) so any changes can be actioned in the Rowing NZ Database.

It is important that ALL key people know how to register, license and transfer their rowers. UPDATED step by step user guides can be found [HERE](#). Making changes in rowIT does not transfer through to the Rowing NZ database so it is imperative that key people are doing the right process.



CF COLGAN FOUNDATION ErgoFit

NEW ZEALAND INDOOR ROWING CHAMPIONSHIPS 2023

T-SHIRTS - MEDALS - 2000M - 1000M - 500M - RELAYS

NEW ZEALAND & OCEANIA INDOOR ROWING CHAMPIONSHIPS

SATURDAY 28TH OCTOBER

CAMBRIDGE & CHRISTCHURCH

WWW.INDOORROWING.CO.NZ

“In rowing, we face backwards in order to see how far we have come instead of how far we have left to go.”



Upcoming Coaches Courses

- 7 October - Introduction to Rowing Coaching, Wellington
- 4 November - Development Coaching Module, Wellington
- 15 November - Development Coaching Module, Online
- 21 November - Introduction to Rowing Coaching, Online

Please register for these courses [HERE](#)

Para Coaching Information

Information about World Rowing and Sport NZ para coaching courses can be found [HERE](#)

Check, Clean, Dry - Freshwater Gold Clams

The Check, Clean, Dry process is extremely important for all clubs and schools coming to Lake Karāpiro this season. The Freshwater Gold Clam was found along the Waikato River in May 2023. Overseas, this clam has proved difficult to control and eradication has never been achieved.

These clams reproduce rapidly (able to produce 400 juveniles a day and up to 70,000 juveniles a year) and form large populations that can clog water-based infrastructure such as electricity generation plants, irrigation systems, and water treatment plants. More information can be found [HERE](#).

Please keep up to date with all communications from Rowing NZ, Karāpiro Rowing and the Ministry of Primary Industries for the correct boat and equipment cleaning procedures this season. A [MANDATORY](#) North Island School's briefing will be held via Zoom on Tuesday 19 September. A link will be sent via email to all North Island Schools that are competing at Karāpiro this season.



Waikato Check Clean Dry update for rowers

The unwanted organism freshwater gold clam has been found in the Waikato River system from Lake Maraetai (Mangakino) and downstream (as at 1 August 2023).

There are **new requirements** for how to Check Clean Dry your boat and gear so you do not spread this or any other invasive species around when you train or compete.

Then you won't accidentally take a nasty hitchhiker with you.

Note – the clam can survive in brackish waters.



<p>I am only using this boat and gear at Lake Karāpiro or anywhere from Lake Maraetai (Mangakino) downstream...</p>	<p>Check and flick off any visible matter like weed, mud or adult clams, and then you are good to go.</p>
<p>I may row in another lake, river or estuary</p>	<p>Firstly – consider the option of borrowing gear at the location where you intend to go. If that's not possible, go to the next box below.</p>
<p>I will row in another lake, river or estuary, OR</p> <p>I will next use this boat or gear upstream of Lake Maraetai (Lake Whakamaru through to Lake Taupō)</p> <p>I have absorbent materials – these may include a life-jacket, buoyancy aid (PFD), wetsuit and if you have your own boat-shoes.</p> <p>Notes:</p> <p>Attached shoes that do not leave the boat do not need to be treated.</p> <p>Where a travel cover is put over the hull, the boat should be dry before it is covered.</p>	<p>CHECK and flick off any visible matter like weed, mud or adult clams at the lake or river. Drain river or lake water, including removing bungs or opening hatch covers in case there is water in enclosed areas and leave to dry.</p> <p>Then to CLEAN it for invasives that are invisible (eg juvenile clams, algae, fish eggs, weed fragments):</p> <p>Blast your boat inside and out with a hose, using tap-water and onto grass, beside the waterway, at the club or at home and not into a stormwater drain system. Blast the oars as well, especially inside the oar collar, and also the shoes.</p> <p>And, for absorbent materials, that stay wet longer:</p> <ul style="list-style-type: none"> • Soak in hot water above 60°C for at least 1 minute, or between 50–54°C (hot household tap-water) for at least 5 minutes, or above 45°C for at least 20 minutes. OR • Mix household bleach in a 10% (1 in 10) ratio with water and immerse for 1 hour. OR • Freeze it all until solid (overnight). <p>DRY areas inside the boat where water has pooled with an old towel. The outside of the hull dries when towed.</p> <p>Dry to touch and then leave the boat to completely dry for another 48 hours. This will further reduce survival.</p>
<p>I am not going to use this boat or gear any time in the 10 days...</p>	<p>Check and flick off any visible matter like weed, mud or adult clams; pull out the bungs; drain or dry any remaining pooled water, and let it all completely Dry.</p>

18 August 2023

Waikato Check Clean Dry update for coach boats

The unwanted organism freshwater gold clam has been found in the Waikato River, so there are new guidelines for how to Check Clean Dry your boat and gear to ensure you do not spread this or any other invasive species around when you move. Then you won't accidentally take a nasty hitchhiker with you.

The furthest upstream confirmed find (as at 1 August 2023) is at Lake Maraetai, Mangakino, so please treat the locations further upstream of that as not infested with this new-to-New Zealand organism. Note – the clam can survive in brackish waters.



<p>Our club is only using this boat and gear at Lake Maraetai (Mangakino) or downstream...</p>	<p>Check and flick off any visible matter like weed, mud or adult clams, and then you are good to go.</p>
<p>We are using this boat and gear in another lake, river or estuary</p>	<p>Firstly – consider the option of borrowing gear at the location where you intend to go. If that's not possible, see the box below.</p>
<p>We are using this boat and gear in another lake, river or estuary, OR</p> <p>I am using this boat and gear in the Waikato River system upstream of Lake Maraetai (Mangakino)</p> <p>We have absorbent materials (lifejacket, wetsuit, booties, anchor rope).</p>	<p>Pull the boat out and put the motor down – run motor for 15 seconds to drain any water.</p> <p>CHECK and flick off any visible matter like weed, mud or adult clams at the site. Drain river or lake water, including removing the bung so the bilge water can drain.</p> <p>Then to CLEAN it for invasives that are invisible (eg juvenile clams, algae, fish eggs, weed fragments) :</p> <p>Blast your boat inside and out with a hose, using tap-water and onto grass, beside the waterway or at home, and not into a stormwater drain system. Include a washdown of any other equipment in the boat.</p> <p>For absorbent materials, that stay wet longer:</p> <ul style="list-style-type: none"> • Soak in hot water above 60°C for at least 1 minute, or between 50–54°C (hot household tap-water) for at least 5 minutes, or above 45°C for at least 20 minutes. OR • Mix household bleach in a 10% (1 in 10) ratio with water and immerse for 1 hour. OR • Freeze it all until solid (overnight). <p>DRY areas inside the boat where water has pooled with an old towel. The outside of the hull dries when towed.</p> <p>Then leave the boat to dry to touch, inside and out, and then completely dry for 48 hours.</p>
<p>Our boat trailer is made of boxed sectioned steel...</p>	<p>In addition to other actions listed, stop on the ramp to let the boxed sections drain, or drive slowly up the ramp.</p> <p>At home, put a tap-water hose up into the sections under a bit of pressure to rinse them out, on grass and not into a stormwater drain.</p>
<p>We are not going to use this boat or gear any time in the next 10 days...</p>	<p>Check and flick off any visible matter like weed, mud or adult clams; pull out the bung; drain or dry any remaining pooled water, and then let it all completely dry.</p>

17 August 2023